

KITCHEN FIRES

HELP US AVOID THESE TYPES OF FIRES!



Kitchen fires

Never try to move a flaming pot or pan. Never throw water on a grease fire.

In case of a kitchen fire you should

- use oven mittens to avoid being burned and if possible, place a lid on the pot or pan to put out the fire and then carefully move it to the centre of the stove;
- turn off all stove elements and the range hood;
- call **911** even if the fire seems to be out.

If you cannot get the fire under control

- quickly leave the premises using the nearest safe exit;
- activate the manual fire alarm if you live in a building equipped with a fire alarm system;
- go to the outdoor gathering area;
- call **911**.

Useful tips

for preventing fires

- Do not leave your stove unattended when cooking.
- Avoid using a pot or pan to fry food. It is strongly recommended that you use an approved deep fryer with an adjustable temperature control.
- Acquire a portable fire extinguisher (ABC 5 lb) and familiarize yourself with its use before having to use it.
- Use a pot or pan with a diameter equal or larger than the stove element.
- Always keep the pot or pan's lid nearby and use a timer.
- Regularly clean cooking surfaces and the range hood.
- Keep flammable objects like oven gloves or plastic pots far from the stove.

Useful tips

for preventing burns

- Never let children near cooking appliances.
- Avoid wearing clothing with loose sleeves when cooking.
- Turn pot and pan handles away from the edges of the stove.
- Avoid rugs that do not stick to the floor so that you don't trip while carrying hot plates.

Prevention begins at home

Always pay attention and never leave the kitchen when you are cooking. Oil is a combustible liquid. It ignites easily when reaching around 300 degrees Celsius. After a kitchen fire, it is important to have the stove and range hood inspected by a professional before using them again.

Water and cooking oil fires: a dangerous mix!

Don't become a statistic...
watch our video at

www.gatineau.ca/securite_incendie